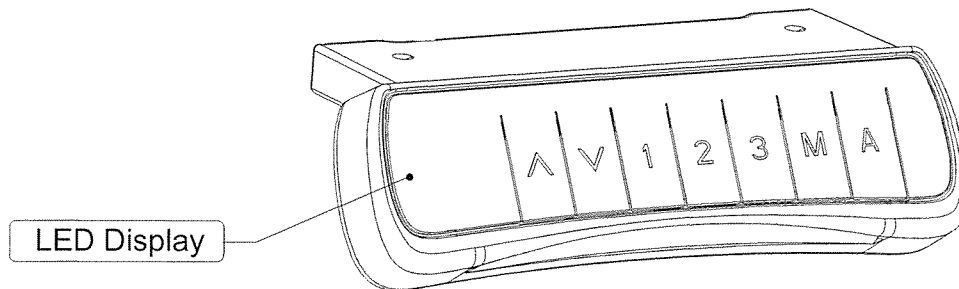


1. Product Outline



2. Product Specification

Bottom introduction: There are seven buttons that "▲", "▼", "1", "2", "3", "M", "A"

- (1) "▲" : Adjust the desk upwards
- (2) "▼" : Adjust the desk downwards
- (3) "1" : Position 1, first height position saved by the user
- (4) "2" : Position 2, second height position saved by the user
- (5) "3" : Position 3, third height position saved by the user
- (6) "M" : Height memory function
- (7) "A" : Alert button to remind users changing posture

3. Operating Instructions

- Height Adjustable Function:
Press the "▲" or "▼" button to adjust the height. The LED display shows the current height.
- Height Memory Function:
 - a. Press UP or DOWN button and adjust the height to the desired height. Press "M" to save the height, and the screen will display "5-";
Press "1", "2", or "3" then, that is, save the height to the corresponding position 1 or 2 or 3, which will show in the display screen as "5-1", "5-2", or "5-3";
 - b. Press "1", "2" and "3" button directly to automatically adjust the memory height you saved.

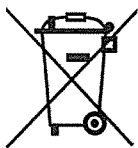
● **Reminder Function :**

- a. Press REMINDER button "A" to activate the function. The LED display shows "00"
- b. Two seconds later, press the "▲" or "▼" button to adjust the reminder time only when the display screen flashes. The default time of the reminder is 45 minutes, which is shown as "45". Then press any button to save the time setup, or wait 5 seconds and system will save the time setup automatically. During the countdown, any operation will lead to a repeat starting of the timer. When the countdown finishes, display screen will show "00" the buzzer will be active with a 10-second "DiDi...DiDi...DiDi..."tone.
- c. Within the 10-second reminder buzz, press any button to reactivate the time countdown that is set up in (b) step. If no operation during the 10-second reminder buzz, there will be another reminder buzz after 5 minutes. No operation during the second buzz will turn off the Long-Time Sitting Reminder.
- d. Press and hold the "A" button for three seconds to turn off the Long-Time Sitting Reminder. The LED display shows "FF".

● **Troubleshooting:**

- a. Reset: When the LED shows "R5F", press "▼" button until the desk reaches its lowest height and rebounds to stop, it means the reset has been finished.
- b. When it doesn't work and the LED shows "E01" or "E02", please retry 18 mins later.
- c. If the "▼" button doesn't work, please check the cable connection and then cut off the power for at least 10 seconds. Reconnect to the power and press "▼" button to start the reset process when it shows the "R5F".
- d. If all these above process are inefficient, plz contact our customer service.

Waste disposal



This marking indicates that this product should not be disposed with other household wastes. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.